Curriculum Map 2022-2023

| Year Group | Autumn 1 | Autumn2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------------|--|--|---|--|--|---------------------------------------|
| Year 1 indoor | Multi skills- 6 weeks | Dance 6 weeks | gymnastics 6 weeks | Dance- cross curricular links 6 weeks | gymnastics- Val Sabin Wide narrow curled 6 weeks | Net games |
| Year 1 outdoor | Invasion games- sending and receiving | Multi skills- 6 weeks | Invasion games- throwing and catching 6 weeks | Sportshall Athletics (infants)- 6weeks | athletics | OAA problem solving |
| Year 2 indoor | Sportshall Athletics (infants)- 6weeks | Dance 6 weeks | gymnastics- developing basic skills and simple sequences 6 weeks | Dance- cross curricular links 6 weeks | gymnastics- Parts High Parts Low 6 weeks Val Sabin | Net games with tennis focus |
| Year 2 outdoor | Multi skills- 6 weeks | Invasion games- attacking and defending | Invasion games- dribbling | OAA problem solving | Athletics | Summer bats- striking and fielding |
| Year 3 indoor | Multi skills- 6 weeks | Sportshall Athletics Year 3/4- 6weeks | gymnastics 6 weeks | Dance- cross curricular links 6 weeks | gymnastics- symmetry and asymmetry 6 weeks Val Sabin | Dance 6 weeks |
| Year 3 outdoor | Invasion games- dribbling and passing feet 6 weeks | Invasion games- passing and moving hands 6 weeks | Invasion games- throwing and hitting a ball | Net games | OAA problem solving 6 weeks | athletics 6 weeks |
| Year 4/5 indoor | Swimming | Swimming | Dance 6 weeks | gymnastics 6 weeks | Swimming | Swimming |
| Year 4/5 outdoor | Invasion games- football | Invasion games- striking and batting/ bowling | Swimming | Swimming | OAA problem solving 6 weeks | athletics 6 weeks |
| Year 5 indoor | Multi skills- | Invasion games- attack v defense | gymnastics 6 weeks | Dance- cross curricular links 6 weeks | Tennis | Dance- 6 weeks |
| Year 5 outdoor | Invasion games- quicksticks hockey | Bee netball | Sports Leadership | Invasion- tag rugby 6 weeks | Athletics 6 weeks | Invasion games- cricket |
| Year 6 indoor | Multiskills- 6 weeks | Sportshall Athletics Year 5/6- 6weeks | gymnastics 6 weeks | Dance- cross curricular links 6 weeks | Invasion- mini volleyball | OAA problem solving 6 weeks |
| Year 6 outdoor | invasion games attack vs defense | Sports Leadership | basketball | fit for life- 5 s factors speed/ stamina/ | athletics 6 weeks | Rounders 6 weeks |